

# **Troop Program**

## **Introduction**

### **Daisy Girl Scout Meeting**



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### **Introduction - Daisy Girl Scout Meeting**

Introduction:

Welcome to Girl Scouting! Being a Daisy Girl Scout leader is a fun and exciting way to help girls develop into healthy and productive adults. You will find many resources available to you to help you in your new role. These resources include:

- *Guide for Daisy Girl Scout Leaders*
- *Daisy Girl Scout Activity Book*
- *GirlSports Basics Activity Cards* (available for check out at Resource Center or purchase at Council Store)
- orientation training
- basic leadership training
- other leaders and volunteers in your area
- service unit library
- staff at the council office, particularly your membership and marketing specialist
- the parents/guardians of the girls in your troop

If you are unfamiliar with any of these resources, call the council office at (619) 298-8391 or 1-800-643-4798. You will find that many people are committed to making sure you are successful as a Girl Scout leader.

Be sure to hold a meeting with the parents/guardians of the girls in your troop before holding your first Daisy Girl Scout meeting. Ask your troop consultant or mentor leader for assistance. At this meeting you should discuss your goals as a Girl Scout leader, recruit help such as a person who is certified in First Aide, snack help, and find out what resources the parents/guardians have to offer to the troop. You may find, for example, that one parent works at a very interesting place and would offer a tour for your troop, or another parent has a kiln and would like to help the girls with ceramics if the girls are interested. Do not be shy about asking for help. Even working parents may be able to drive on a Saturday field trip. Don't forget to discuss snack with the parents, and how this will be handled should the girls decide to have them.

You may wish to develop a method to keep the parents/guardians informed of the activities the girls will be participating in. A monthly newsletter may be a good way for a parent(s) to participate in the troop.

Attached are ten suggested meeting outlines to help you get started. Incorporated into these outlines are songs, games, Learning petal activities and craft ideas. Another excellent source of Daisy Girl Scout meeting ideas is the "Amazing Daisy Activities" section, starting on page 66, of *Guide for Daisy Girl Scout Leaders*. The materials needed for each meeting are also listed. You may consider having each girl bring her own "craft box" equipped with items such as crayons, markers, scissors, etc. to each meeting instead of supplying them. Discuss this possibility at the parent/guardian meeting.

Songs:

Singing has always been something Girl Scouts do best! It's fun and a great way to pass the time while cleaning up or waiting in line. Singing is also a wonderful

way to express sentiments. Girl Scouts often sing during ceremonies, before meals, around campfires, or whenever the occasion calls for it.

Several resources for songs are available to Girl Scout leaders. The service unit library contains traditional Girl Scout songbooks and tapes. These items are also for sale in the Girl Scout Store, for a nominal charge.

This is how you teach a song. Practice song-leading by yourself, in front of a mirror:

1. Get the group's attention and introduce the song briefly. Tell some interesting bit about it or ask the group to listen for something special.
2. While the girls listen, sing the song through, establishing the rhythm.
3. If you have asked questions, give the group time to answer.
4. Next, sing one line at a time, asking the group to listen first and then echo softly.
5. Then, still softly until they are sure of the melody, have girls sing the whole song through with you. Teach one stanza at a time.
6. Repeat once or twice if girls are still interested. Otherwise go on to some other activity and later in the meeting come back to the song again.
7. Pitch the key for children a little higher than is comfortable for you, unless you have a naturally high voice.
8. Many children tend to sing very loudly. Help them learn the difference between singing and shouting.
9. Resist the temptation to use song sheets! Don't do it!

Games:

Games are a healthy way to have fun, encourage participation, relieve tension and foster creativity. Girls learn to appreciate fair play and they often learn to understand themselves and others better.

There are many resources available for games. Ask the girls, look in the service unit library or the council resource center or check your public library game books.

How to Teach Games:

1. Be sure you know how to play the game. Have the necessary equipment and the playing area defined.
2. Give directions to the group.
3. It is often helpful to demonstrate the action with a small group of children or another adult.
4. Stall off action until you are ready. Example "After I'm finished..." "When I tell you..." "In a few minutes we..."
5. Give very clear directions on how you want the group to proceed. In a single line, two lines, sitting in a circle on the rug, standing single file behind the chalked line, etc.
6. Vary the way teams are formed and "it" is chosen.
7. Start the game as soon as possible--explanation can continue as the game is played.
8. When group is large divide into smaller groups for maximum participation.
9. Stop when enthusiasm is high--they will want to play it again.

## Girl Scouting Goals for Girls

While the benefits of Girl Scouting emerge in a variety of ways, there are four basic program goals that form the foundation upon which all Girl Scout activities are based. An outline may be found in the Guide for Daisy Girl Scout Leaders on page 9. These goals address the developmental, educational, emotional, and social needs and interests of girls at the five Girl Scout program age levels. They are designed to help every Girl Scout. Each program goal is represented by an icon; these are shown next to the four program goals (page 9) in the Guide for Daisy Girl Scout Leaders. The icons or icon that represents a program goal will be next to each activity and will indicate which program goals are being met.

### **New Daisy Learning Petals**

Beginning in the fall of 2000, Girl Scouts of the USA implemented a new program just for Daisies. This program allows for Daisy Girl Scouts to earn the Promise Center patch when they have learned the Girl Scout Promise, they may receive the Girl Scout Promise Center, a patch that can be placed right in the center of their Daisy tunics. For learning each part of the Girl Scout Law, girls may receive a Daisy Learning Petal. These are placed around the Promise Center in any order determined by each girl. Daisy Girl Scouts may earn the Learning Petals in any sequence, but they should **show some understanding of the concept** in order to receive the award.

As a suggestion, we have included Learning Petal Activities (LPA) into every meeting, with the exception the first meeting. These are only *suggestions*. If you have an activity that you feel would better suit the situation and/or your troop, please do so. In addition, you may not feel comfortable “teaching” a girl to be considerate and caring (an example only), and would for like the girls to earn their petal by exhibiting this behavior on their own. Please feel free to use this method as well. The point is, we would like the girls to have a good understanding of what the Girl Scout Law means, and how they can use it to make this world a better place.

### **GirlSports Basics**

Girl Scouts is excited to announce a new resource for Daisy and Brownie Troop Leaders called GirlSports Basics. This program, designed by GSUSA, is a sports readiness project for girls ages 5-8 offering of a series of fun games and activities that are easy to teach including: catching, throwing, kicking, volleying, batting, dribbling, passing, as well as movement and agility.

The GirlSports Basics program features 96 activity cards designed for both beginner and advanced skill levels, and includes a troop/group poster to help motivate the girls, an “Activity Chart” to record their progress, and a separate leader guide for general instruction.

GirlSports Basics Activity Cards, Leader Guide and poster are available for checkout at the Resource Center, or may be purchased at the Council Store. Go ahead; add a little excitement and variety to your meeting with GirlSports Basics!



# Daisy Girl Scouts

## First Meeting

**Topic:** Daisy Girl Scouts Traditions

**Objective:** To establish formal Daisy Girl Scout meetings and introduce girls to Girl Scouting.

**Pre-Meeting Activity:** Name Tags

As the girls arrive, give each girl a nametag with her name on half a sheet of construction paper. On the opposite side of the nametag, have her draw a picture herself. Punch holes in the top of the nametag and have the girl thread yarn through the holes and place the nametag around her neck. (Make your own name tag ahead of time and wear it.)

**Opening:** Form a circle, which is called a Daisy Girl Scout Circle. (Page 41 *Guide for Daisy Girl Scout Leaders*.)

**Sharing:** Sharing Time - share name tags

**Daisy Girl Scout circle/business:** Take attendance.

Talk about the rules and manners to be used at meetings:

### Quiet Sign

When it is time to be quiet, Girl Scouts raise their right hands. When one person sees that others have their hands raised, she stops talking and raises her hand too.

### The Girl Scout Promise

On my honor, I will try:  
To serve God and my country,  
To help people at all times,  
And to live by the Girl Scout Law

### La Promesa

Por mi honor, yo trataré:  
De servir a Dios y a mi patria  
Ayudar a las personas en todo  
momentos,  
Y vivir conforme a la Ley de las Girl  
Scouts.

Explain to girls that the Girl Scout Promise says a lot about Girl Scouts, and what they promise to do. Tell girls that this Promise is shared by Girl Scouts throughout the United States.

### Girl Scout Sign

When Girl Scouts say the Promise, they make the Girl Scout sign by holding up the first three fingers of the right hand. These fingers symbolize the three parts of the Promise (page 20).

### Sharing Time

Have everyone turn their nametags around so that the names cannot be seen. Have a girl say her name and tell about the picture of herself and something she likes to do for fun.

### Listening

Ask the girls why listening and paying attention is important, and how the girls feel when they are or are not listened to. Determine what sign a girl will make when she wants to speak (i.e., raise her hand).

### **Safety Rules**

Determine with the girls what rules are important to make sure girls stay safe and healthy. Examples of safety rules may be: no running, using the buddy system (girls always take a buddy with them whenever they leave the group), etc. Write the rules on poster board. Have the girls make suggestions on what to do if these rules are broken.

### **The Law**

I will do my best to be  
honest and fair,  
friendly and helpful,  
considerate and caring,  
courageous and strong,  
and responsible for what I say and do,  
and to respect myself and others,  
respect authority,  
use resources wisely,  
make the world a better place,  
and be a sister to every Girl Scout.

### **La Ley**

Yo me esforzaré a:  
ser honrada y justa,  
cordial y servicial,  
considerada y compasiva,  
valiente y fuerte,  
y responsable de lo que digo y hago,  
y a respetarme a mi misma y a los  
demás, respetar la autoridad,  
usar los recursos de manera  
prudente,  
hacer del mundo un lugar mejor,  
y ser hermana a cada una de las Girl  
Scout.

### **Girl Scout Handshake**

The Girl Scout handshake is given with the left hand while the right hand makes the Girl Scout sign.

### **Girl Scout Motto and Slogan**

The Girl Scout motto is "Be Prepared." Girl Guides and Girl Scouts use this motto in many languages throughout the world. In the United States, Girl Scouts also have their own slogan: "Do a good turn daily."

### **Snacks**

Ask the girls if they would like refreshments at their meetings. If yes, explain to them that refreshments will be their responsibility. Girls will be assigned to bring refreshments to the meeting each week on a rotating basis. Many troops have found that having the girls bring snacks in alphabetical order is the easiest. Remember that any plan that you and the girls decide on is correct!

### **Snack Time:**

Ask a parent volunteer to bring a snack.

### **Activity one:**

Read "Daisy" Low story (use the Daisy Story Book or the Daisy Girl Scout Story). Hand out preprinted Girl Scout Promise bookmarks or color the animal bookmarks

### **Activity two:**

Play Kim's game with the girls.

### **Activity three:**

#### **Kim's Game**

People all over the world have ways to relax and play. Here is a game that children in England play.

Girl Scouts and Girl Guides all over the world play this game: you'll need one or more friends to play with, at least 5 small things and a scarf. (No more than 10 items.)

1. Put five items on a table. Be sure you can cover all of them with the scarf.
2. Show the players the five items for one minute. Then cover them with a scarf.
3. Ask the players what was on the table. See if they can remember all five items.

Since this game is being used for introducing Daisy Girl Scouts--use items that relate



to the Daisy Story.

Using objects that represent part of the Daisy Story. In the game:

Pumpkin represents

Juliette Low's

Birthday, which is

October 31.

Daisy represents her nickname.

**Closing:**

Cotton represents the occupation her father had.

Horse represents her pet named Fire.

Teacup represents her trip to England.

Telephone represents when she called her friend to tell her about her ideas in Girl Scouting.

Kitten represents the kitten that Daisy rescued.

Girl Scout pin represents the Girl Scout movement she started up.

Blanket represents the one Daisy used to cover up a sick cow in the barn.

Where needed, use pictures of the above items, to help the girls understand.

Tell the girls that a friendship circle is the way we always end our Girl Scout meetings. Have the girls get in a circle and hold hands, right over left. Tell them the leader starts the friendship squeeze and it is passed around the circle when it goes all the way around everyone turn out of the circle and then turns back in the circle and drops hands and is dismissed.

**Leader Pre-Work:**

**Materials:**

Make 1 nametag for each girl and for yourself. Prepare materials.

crayons

contact paper

animal bookmarks or preprinted Promise/Law bookmarks

Daisy Girl Scout story book/*The Daisy Girl Scout Story*

Kim's Game supplies:

Pumpkin

Daisy

Cotton

Horse

Teacup

Telephone

Girl Scout pin

Blanket

Tray

Bandana

Attachments:

Songs/Games



## Daisy Girl Scout Back Pocket Games

### **Toe Fencing** (from *More New Games*)

Face each other holding hands. Then try to tap the tops of each other's toes with our own. When one of us scores three hits, it's time to switch to a new partner.

### **Fingers Up**

Partners; put your hands behind backs. One partner says "go" and both of you bring your hands out in front of yourselves with any number of fingers up. The first person to call out the correct number of fingers up (total between you and your partner) wins. Repeat at least three times for best two out of three competition--or just do for fun!

### **Mating Game** (from *More New Games*)

Give names of veggies, fruits, animals, careers (one category for each round of game). Giving at least two people in the group the same "title". Then with animals/people items everyone makes the noise and action of their title; with veggies/fruits, no noise is made, just actions and body language of their title. All must try and find their "mate" (same title).

### **Name Train** (from *More New Games*)

Any configuration--circles is okay, but not necessary. One player is the locomotive and "chugs" around circle, stopping at one in group. The "locomotive" says "Hi, I'm *Adrian*"; the response is "Hi, I'm *Betty*". Upon learning the person's name, the locomotive breaks into a cheer, raising her arms and shouting: "*Betty! Betty! Betty! Betty!*" *Betty* gets behind *Adrian* and off they go chugging as they go to another person. Each new person is cheered by entire train and becomes the caboose. As the train grows, the cheers get louder as more people are brought aboard. If a large group, get more than one train going.

### **Name an Animal**

Think about yourself. Think about the various animals. Pick one animal that might describe you. Share it with your group. (Definitely a smaller group exercise!)

### **We Are Daisy Girl Scouts**

We are Daisy Girl Scouts  
In our tunics blue  
When we get together,  
There's lots of things to do.  
We play a-lot and learn  
What's good and true.  
Oh, we are Daisy Girl Scouts  
In our tunics blue.

I'm a Daisy Girl Scout  
I try to lend a hand  
To all my friends and family  
And everyone I can.  
I wear a smile upon my face  
To make the world a happy place.  
I'm a Daisy Girl Scout  
I try to lend a hand.

### **Tune: "I'm a Little Teapot"**

We are Daisy Girl Scouts,  
And we're neat.  
Here are our hands and  
Here are our feet.  
When we get together,  
We all say---  
Let's have fun the Girl Scout Way!

### **Tune: "Frere Jacques"**

We are Daisies, we are Daisies.  
Who are you? Who are you?  
Can't you tell by looking?  
Can't you tell by looking?  
I'm one, too! I'm one, too!

### **Tune: "Frere Jacques"**

Daisy Girl Scouts,  
Daisy Girl Scouts.  
We have fun.  
We have fun.  
Join us in our Daisy Chain.  
We have fun with songs and games.  
Daisy Girl Scouts,  
Daisy Girl Scouts.

### **Tune: "If You're Happy and You Know It"**

If you want to be a Daisy,  
Clap your hands.  
If you want to be a Daisy,  
Clap your hands.  
If you want to be a Daisy,  
If you want to be a Daisy,  
If you want to be a Daisy,  
Clap your hands.

(2nd verse: stomp your feet

3rd verse: say, "I do"  
then do all three.)

### **Tune: "Have You Ever Seen a Lassie?"**

Have you ever seen a Daisy  
Go this way and that way,  
Go this way and that way  
Have you ever seen a Daisy  
Go this way and that?

(During "go this way and that way", the girl  
does some type of motion.)

## More Daisy Girl Scouts Songs

### **Make New Friends:**

Make new friends  
But keep the old  
One is silver  
and the other is gold.

A circle is round  
And has no end.  
That's how long  
I want to be your friend.

### **If you're happy and you know it clap your hands.**

If you're happy and you know it clap your hands.  
If you're happy and you know it clap your hands.  
If you're happy and you know it...  
If you're happy and you know it...  
If you're happy and you know it clap your hands.

If you're happy and you know it stomp your feet.  
If you're happy and you know it stomp your feet.  
If you're happy and you know it...  
If you're happy and you know it...  
If you're happy and you know it stomp your feet.

If you're happy and you know it nod your head.  
If you're happy and you know it nod your head.  
If you're happy and you know it...  
If you're happy and you know it...  
If you're happy and you know it nod your head.

If you're happy and you know it turn around.  
If you're happy and you know it turn around.  
If you're happy and you know it...  
If you're happy and you know it...  
If you're happy and you know it turn around.

If you're happy and you know it yell Girl Scouts.  
If you're happy and you know it yell Girl Scouts.  
If you're happy and you know it...  
If you're happy and you know it...  
If you're happy and you know it yell Girl Scouts.

# We Are Daisy Girl Scouts

Words and Music by  
Corinne M. Murphy

The musical score is presented in a 4/4 time signature on a single treble clef staff. The melody consists of eighth and quarter notes. The lyrics are written below the staff, with guitar chords (G7, C, D7, F, C) indicated above the notes. The score is enclosed in a rectangular border.

We are Dai - sy Girl Scouts In our tu - nics blue

When we get to - geth - er, there's lots of things to do. We

play a - lot and sing a - lot and learn what's good and true. Oh,

We are Dai - sy Girl Scouts In our tu - nics blue.

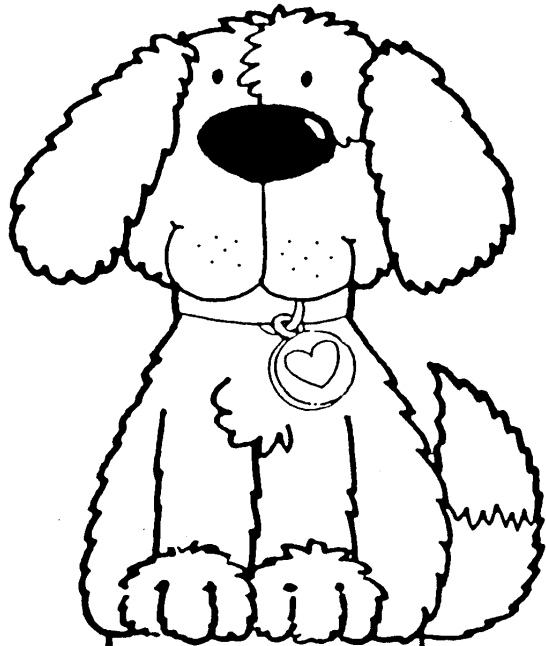
This second verse is by Roberta Young and Margaret Johnson.

2. I'm a Daisy Girl Scout  
I try to lend a hand  
To all my friends and family  
And everyone I can  
I wear a smile upon my face  
To make the world a happy place  
I'm a Daisy Girl Scout  
I try to lend a hand.

Can also be sung, "I'm a Daisy Girl Scout..."

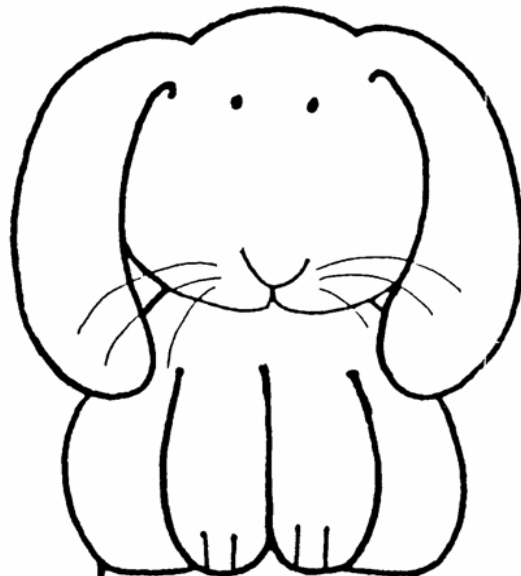
Girl Scouts, San Diego-Imperial Council, Inc.

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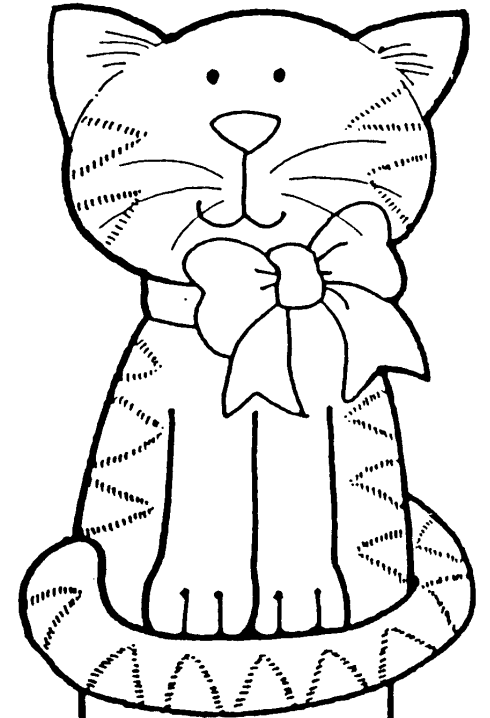
**The Girl  
Scout Promise**

On my honor,  
I will try:  
To serve God  
and my country,  
to help people  
at all times,  
And to live by the  
Girl Scout Law.



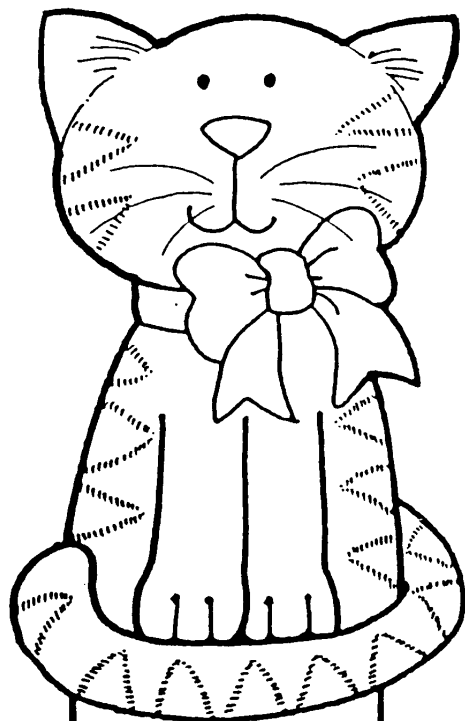
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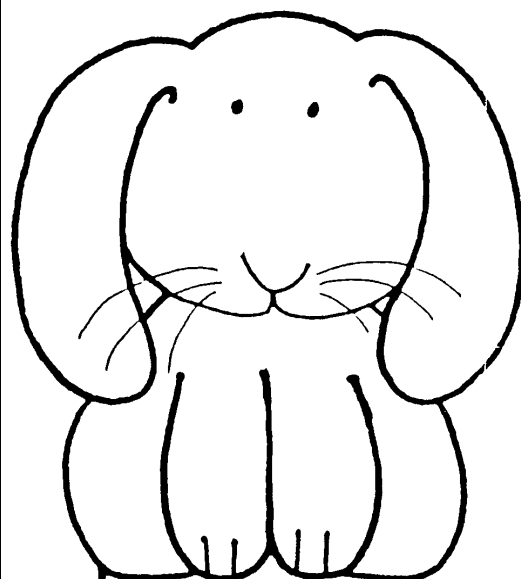
**The Girl Scout  
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Girl Scout Law.



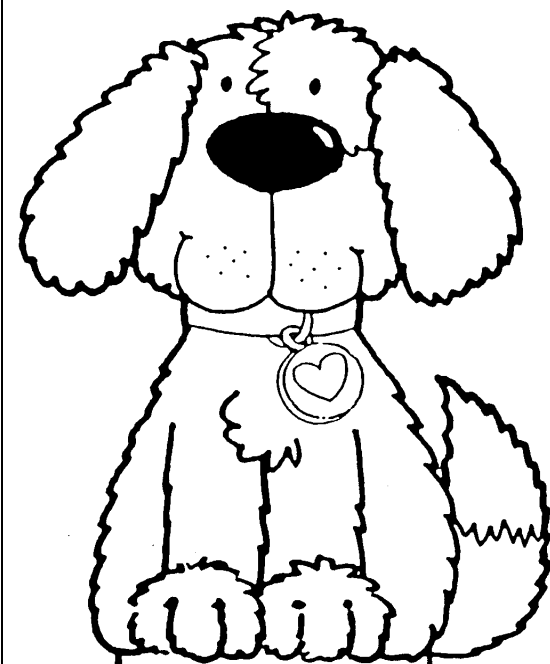
**La Promesa**

Por mi honor,  
yo trataré:  
De servir a Dios,  
y a mi patria,  
Ayudar a las personas  
en todo momento,  
Y vivir conforme a la  
Ley de las Girl Scouts



**La Promesa**

Por mi honor,  
yo trataré:  
De servir a Dios,  
y a mi patria,  
Ayudar a las personas  
en todo momento,  
Y vivir conforme a la  
Ley de las Girl Scouts



**La Promesa**

Por mi honor,  
yo trataré:  
De servir a Dios,  
y a mi patria,  
Ayudar a las personas  
en todo momento,  
Y vivir conforme a la  
Ley de las Girl Scouts



# **Daisy Girl Scouts Program Goal 1&2 Second Meeting**

- Topic:** How Do You Feel?
- Objectives:** To help girls identify and recognize their feelings and reactions.
- Pre-Meeting Activity:** Daisies--Have girls color in daisies using their favorite colors.
- Opening:** Form a Daisy Girl Scout circle and have girls recite the Promise in English and/or Spanish.

### **Girl Scout Promise**

On my honor, I will try:  
to serve God and my Country,  
to help people at all times,  
and to live by the Girl Scout Law

### **La Promesa**

Por mi honor yo trataré de servir a  
Dios y a mi patria,  
Ayudar a las personas en todo  
momento, Y a vivir conforme a la  
ley de las Girl Scouts.

- Sharing:** Have girls share their daisies and tell what their favorite colors are.
- Daisy Girl Scout Business:** Take attendance. Teach the Girl Scout slogan "Do a good turn daily."

### **Respect Myself and Others (Purple) on page 22.**

- Learning Petal Activity**
1. Facilitate a discussion about the importance of taking care of one's body, standing up for what is right, and being true to one's personal values.
  2. Have girls think about the ways in which respect is given to others in our society-handshakes, giving your bus seat to an elderly person, not interrupting when someone else is talking.

- Activity one:** Paper Plate Faces

Have each girl make a happy and a sad face using a paper plate and markers. The happy face is one side; the sad face is on the other side. Attach each paper plate to a Popsicle stick or tongue depressor, which will function as a handle.

- Activity two:** How Do You Feel?

I'd like each of you to listen very carefully because I am going to read a number of sentences to you. Each statement describes a situation. And after you have heard the situation, you will probably be able to guess how being in that situation will make you feel.

To show how the situation makes you feel, please raise either the happy face or the sad face in the air. Remember that you will not all show the same face at the same time, because each of you is unique and different, with different feelings and reactions.

Accept a variation of answers. Read the following statements aloud to the group.

How do you feel:

*(Continued)*

- 21. When someone smiles at you?
- 21. When someone says you are not nice?
- 21. When someone calls you a mean name?
- 21. When someone says she likes you?
- 21. When you tell someone you are sorry?
- 21. When you pick up something your grandma dropped on the floor?
- 21. When you tell someone you love them?
- 21. When you are going to the dentist?
- 21. When you are going to a party?
  - 21. When your friend spills lemonade on you?
  - 21. When you win a game?
  - 21. When someone else wins a game?
  - 21. When someone says you did good work?
  - 21. When some classmates call you "four-eyes" because you wear glasses?
  - 21. When someone gives you a compliment?
  - 21. When you get a new toy?
  - 21. When your toy gets broken?
  - 21. When you are helping someone?
  - 21. When someone throws a candy wrapper on the playground?
  - 21. About someone who looks different from you?
- 21. About Girl Scouts?

**If time permits:**

Face Your Feelings – Part 2

Let's look at some other emotions besides happy and sad. Who wants to come up and show the group what it looks like to feel surprised? Would someone else like to come up and show the group what it looks like to feel puzzled or confused, like when you don't understand something?

Give each girl a mirror. Now, let's look into our mirrors and have some fun pulling our faces in front of the mirror and looking at different expressions.

Ask girls to show with their faces the following emotions or feelings:

- Surprise
- Confusion
- Thinking something over
- Loneliness
- Anger
- Being amused/laughter/when something is funny

Next ask girls what they **do** when they are angry.

- .....when they feel lonely.
- .....when they are sorry about something.
- .....when they are sad about something.

Our feelings can cause us to behave in certain ways.

For example, if we are happy, we may give our friend a big hug. Sometimes, when we are very angry, we may hit someone. Is this the right thing to do when you are angry? No.

*(Continued)*

As human beings, we are full of feelings, but it is what we do with our feelings that are important. We must always remember that it is our decision to choose

how we are going to behave. Collect all mirrors at the end of the session.

**If time permits:**

**A GirlSports Basics activity/game or...**

**The Smile Song**

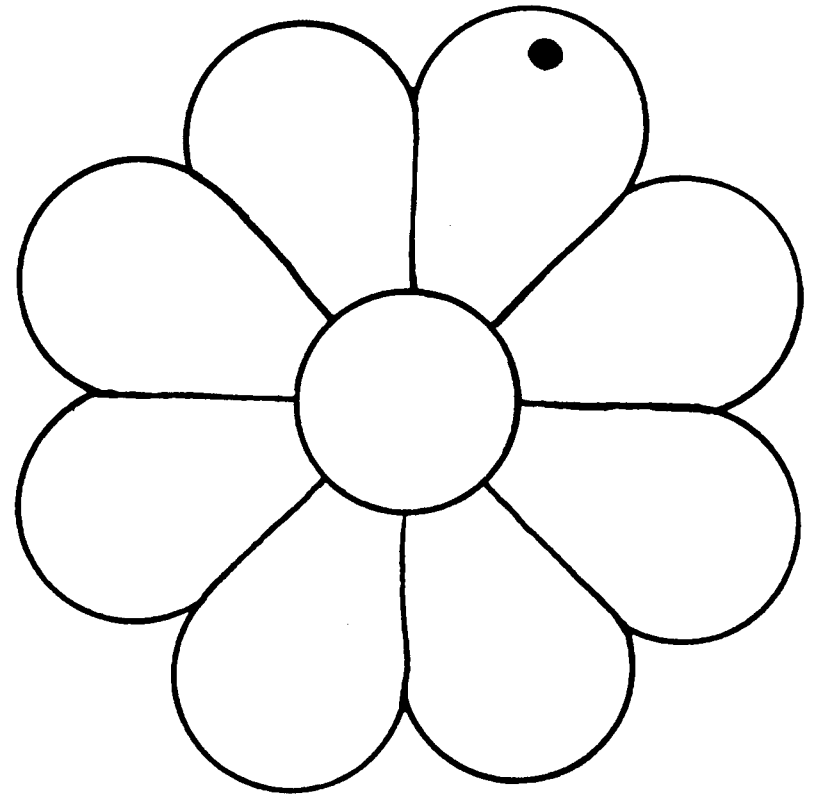
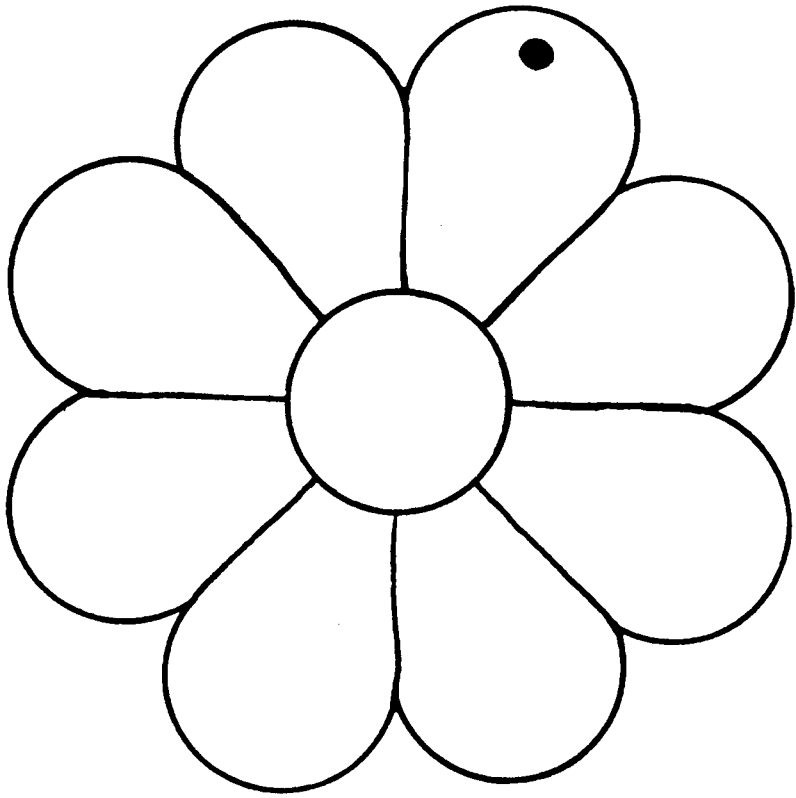
A smile is such a happy thing,  
It lights up all your face.  
And when it's gone  
You cannot see  
Its secret hiding place.

The funny thing about a smile,  
Is what a smile can do.  
You smile at me,  
I smile at you,  
And both our smiles--make two.

**Materials:**

paper plates or cardboard circles - one per girl  
tongue depressor or Popsicle sticks - one per girl  
stapler and staples  
markers or crayons  
mirrors for each girl  
daisies, Xeroxed on cardstock and cut out - one per girl  
enough yarn to tie daisies around each girls neck







# Daisy Girl Scouts

## Program Goal 2

### Third Meeting

- Topic:** All Kinds of People
- Objective:** To help girls understand the differences/similarities in people.
- Pre-Meeting Activity:** Draw a picture of your friend--**any** friend.
- Opening:** Make a Daisy Girl Scout circle. Have girls recite the Girls Scout Promise in English and/or Spanish.  
**Girls may earn the Promise Center if the promise is memorized.**
- | <b>Girl Scout Promise</b>   | <b>La Promesa</b>   |
|---|---|
| On my honor, I will try:<br>to serve God and my Country,<br>to help people at all times,<br>and to live by the Girl Scout Law | Por mi honor yo trataré:<br>de servir a Dios y a mi patria,<br>Ayudar a las personas en todo<br>momento, Y a vivir conforme a la<br>ley de las Girl Scouts. |
- Sharing:** Have girls share their picture of their friend and tell what they like about their friend.
- Daisy Girl Scout Business:** Take attendance. Teach girls the Girl Scout Law, phrase that says, "be friendly and helpful". Ask the girls what that phrase means.
- Learning Petal Activity**
- Friendly and Helpful (Yellow) page 22.**
1. Have girls role-play being helpful. Some scenarios might include providing support to someone wheelchair-bound, or consoling a friend who has lost her pet.
  2. Ask girls what it means to be friendly. What are some friendly words and phrases.
- Activity one:** Explain to the girls that it is okay to look different from other people. Play the following game to show girls how they have differences yet are all the same. Tell girls to run to different designated areas in the room with the following. When I say go; everyone with...
- brown eyes--run to the left corner (point to which corner)  
green eyes--run to the right corner (point to which corner)  
blue eyes--run to the door  
hazel eyes--run to the middle
- Do the same with: curly, straight, short and long hair, height, shoes, wearing certain colors.
- Once they have played the game. Ask girls: Does everyone look the same? Help girls understand that we all have eyes, yet our eyes are different. We all have skin, yet the color can be different. Ask girls to come up with more ways that we are all the same and ways we are different.
- Read *The Sneetches*, by Dr. Seuss after playing the game. This book discusses differences among "the sneetches," which represent people. It shows that in the end it's okay to be different. Explain the idea to see that girls understand the

concept. There are many different types of people around the world. People from other countries wear different clothes, eat different foods and play different games.

**If time permits:**

**A GirlSports Basics activity/game or...**

Explain that we are going to learn two out of three different games: from Brazil called Rabbit Without a House, from Sweden called Mr. Bear and from Zimbabwe called Hawk and Hens (from *Brownie Girl Scout Handbook* [1987]).

Find an open space outside to play the games. Directions on how to play Rabbit Without a House:

1. Pick someone to be "it" (the rabbit without a house) and someone to be the caller.
2. Divide the others into groups of three.
3. Each group makes a rabbit house by two girls holding hands (the house) and one girl (a rabbit) standing outside.
4. The caller yells out "find a house" and all the rabbits, including the one without a house, have to run to find another house.
5. The rabbit left without a house becomes "it."

Directions on how to play Mr. Bear. You'll need at least three people, a place for "home" and the bear's den.

1. One person is Mr. Bear. He is trying to sleep in his den.
2. The other players sneak up to Mr. Bear and whisper "Mr. Bear, are you awake?"
3. Mr. Bear pretends not to hear them. Then the players yell, "MR. BEAR ARE YOU AWAKE?" this makes Mr. Bear furious! He chases them all and tries to catch them before they reach home, which is a safe place.
4. Everyone tagged by the bear before reaching home becomes Mr. Bear's cubs. They go back to the den with Mr. Bear. The cubs then help Mr. Bear catch the other players so they can also become cubs.

Directions on how to play Hawk and Hens. You'll need at least four people and two safety zones.

1. One person is the hawk.
2. All the other players are hens.
3. The hawk stands between the safety zones and tries to catch the hens as they run back and fourth from one safety zone to the other.
4. When a hen is caught she sits on the side and watches the game.
5. The last hen to be caught by the hawk becomes the next hawk.

**Snacks:**

Gather in Girl Scout circle.

**Closing:**

Teach the second verse of Make New Friends. The words are as follows:  
A circle is round, it has no end that's how long I want to be your friend.

**Materials:**

Whistle  
*Sneetches* book  
First aid kit, especially band-aid  
Paper  
Crayons



# Daisy Girl Scouts

## Program Goal 2

### Fourth Meeting

- Topic:** Making an Impression: Printmaking
- Objectives:** To teach girls about the art of printmaking by giving them a chance to make a variety of prints.
- Pre-Meeting Activity:** Up to leader.
- Opening:** Make a Daisy Girl Scout circle and have girls recite the Promise in English and/or Spanish. **If girls have memorized the Promise, they may earn the Promise Center.**

#### Girl Scout Promise

On my honor, I will try:  
to serve God and my Country,  
to help people at all times, and to live by the  
Girl Scout Law

#### La Promesa

Por mi honor yo trataré de servir a  
Dios y a mi patria,  
Ayudar a las personas en todo  
momento, Y a vivir conforme a la  
ley de las Girl Scouts.

- Sharing:** Girls can share anything that happened to them that week that is important to them.
- Daisy Girl Scout Business:** Take attendance. Teach girls phrase from the Girl Scout Law that says, "to be honest and fair". Ask the girls what that means to them.

#### Learning Petal Activity

#### Honest and Fair (Light Blue) page 22.

1. Ask girls, "What would be the honest and fair thing to do if..."
  - You found a quarter on the floor at your best friend's house?
  - Someone else wants a turn on the swing you've been on for a long time?
  - Your little brother wants a second cookie, and you've already had three?
2. Bring in a basket of apples to a troop meeting. Have the girls divide up the apples evenly amongst themselves. Make it a fun challenge-play some upbeat music and give them a time limit! Let them take the apples home to share with their families.

#### Introduction:

Show the girls a picture in any picture book and ask them, "How did this picture get into this book?" Did the artist paint it directly into the book? *No she/he painted or drew a picture, and then the picture was printed into the book.* A print is where someone cuts out a picture on a surface, the surface is covered with ink or paint, and then the surface is stamped onto paper.

Prints can be made out of many things. We're going to start out by making some prints out of vegetables.

#### Activity one:

Vegetable prints

Cut potatoes, carrots, zucchini, onion, turnip, and whatever else suits you in half. Give one set of veggies to every four or five girls, and a margarine container 1/2 inch or less full of tempera paint (or use ink pads) in four colors. Spread down newspaper and paper towels for blotting. Have girls practice stamping veggies onto construction paper of various colors.

**Activity two:** Sponge prints  
Have cut sponges of various geometric shapes ready to make prints with. Tell girls to put the shapes together to make a picture of something on construction paper.

**If time permits:** **A GirlSports Basics activity/game or...**

Utensil prints

Give each group of girls a variety of utensils to experiment with -- an egg beater, a fork, a little vegetable brush, a wooden spoon, a grater. Have the girls make prints with these and see how the pictures turn out.

Follow up

What are prints? (*When a color is put onto one surface and pressed onto another surface.*)

**Snacks:** Leaders choice.

**Closing:** Gather in a Daisy Girl Scout Circle. Teach a song (leader's choice.)

**Materials:** tempera paint or ink stamp pads(4 colors per group of 4 girls)  
margarine tubs to put paint in  
construction paper -- 3 - 4 pieces per girl  
sponges cut into various geometric shapes - 2 per girl/ 10 per group of five  
various veggies cut in half -- five per group of five girls  
utensils -- five per group of five girls (see list above for possibilities)  
paint smocks -- one per girl

# Daisy Girl Scouts

## Program Goal 1

### Fifth Meeting

- Topic:** Good Food for Healthy Bodies
- Objectives:** To teach girls about eating the right things for their health.
- Pre-Meeting Activity:** Leaders choice or GirlSports Basics activity
- Opening:** Form a Daisy Girl Scout Circle and have girls recite the Promise in English and/or Spanish.

#### Girl Scout Promise

On my honor, I will try:  
to serve God and my Country,  
to help people at all times, and to live by the  
Girl Scout Law

#### La Promesa

Por mi honor yo trataré de servir a  
Dios y a mi patria,  
Ayudar a las personas en todo  
momento, Y a vivir conforme a la  
ley de las Girl Scouts.

- Daisy Girl Scout Business:** Take attendance. Teach the girls phrase from the Girl Scout Law that says, [courageous and strong]. Ask the girl what that means to them.

#### Learning Petal Activity

#### Courageous and Strong (Red) page 22.

1. Have the girls make a list of things they have never done, but would like to do. Then have them vote on one or two activities they would like to carry out as a group.
2. Have a fitness instructor at your local YWCA or YMCA take your troop through the basic gymnastics workout-a great way for girls to develop body confidence and athletic skills.

- Sharing:** Up to the leader.

- Introduction:** How many of you had vegetables to eat yesterday? Maybe in a salad, or cooked? Who had some beef or chicken? Maybe in a hamburger or a piece of meat? Who had some cereal? Who had some grains -- tortillas, bread, rice, corn, or oatmeal? How about milk products -- did anyone have milk, yogurt, butter, or cheese?

All of these things are important for us to eat. It is important to have a balanced diet -- that means a little bit of a lot of things that are good for you, and not very much of things that aren't so good for you -- like sweets or fats.

- Activity one:** Choosing good foods -- Food Pyramid

The food pyramid is a way to help us remember what we should eat to be healthy. On the bottom of the food pyramid are the things we should eat the most of, and on the top are the things we should eat the least of. What do you see on the top? (*Sweets*) What do you see on the bottom? (*Grains and cereals*) What's the next highest area? (*Vegetables and fruit*) And the next? (*Cheese/Milk and protein like meat and nuts and beans*)

- Activity two:** Good food snack

Prepare ahead of time and put in baggies - 1 per girl.

Let's practice making a snack using things on the pyramid. Let's start with the bottom. (Put ingredients out.) Which should we put in from the first category? Cereal! (Puffed, rice or wheat) What should go in from the next category? Fruit (raisins) How about the next category? We have nuts, but no milk products in this because it would get messy.

And last of all? Sweets -- We'll just put a little bit in.

Have girls add ingredients and mix it up. Save this for snack time.

**If time permits:**

**A GirlSports Basics Activity/ game or...**

**Food Pyramid Princess Hats**

Sometimes it is hard to remember the things that are good for us to eat. We're going to make princess hats that will help us remember the good things we should eat. You're going to color in the paper food pyramid, put elastic on it to go under your chin, and then put a streamer on the end of it. It will help you be a healthy eater.

**Snack:**

Food pyramid trail mix.

**Follow up:**

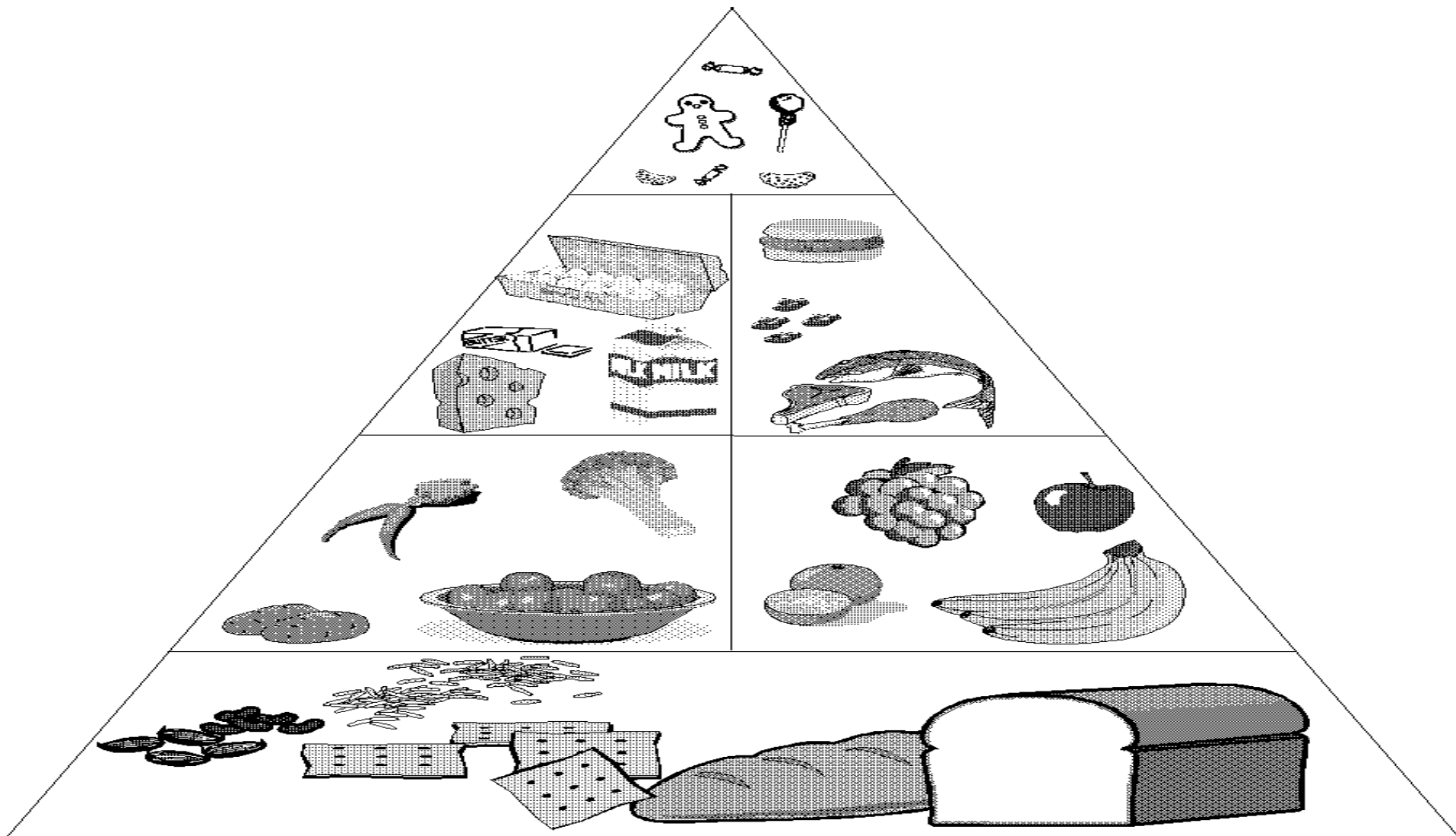
What does it mean to have a balanced diet?

**Closing:**

Gather in a Daisy Girl Scout Circle. Teach a song. (Leaders choice.)

**Materials:**

Food pyramid handout copied onto legal sized or larger paper - 1 per girl  
Four cups per troop of puffed rice or wheat cereal  
Peanuts -- two cups per troop  
Raisins -- three cups per troop  
Chocolate drops -- 1 cup per troop  
Dixie cups -- 1 per girl  
Brads -- 2 per girl  
5" elastic for each girl  
Crayons or markers  
Crepe paper streamers -- 6 inches per girl  
Baggies -- for snack



Must be copied on 11"x17" paper

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# Daisy Girl Scouts

## Program Goal 4

### Sixth Meeting

- Topic:** Tools Are Terrific!
- Objectives:** To teach girls the uses of different tools they might find around the house. (To be used toward the end of the year.)
- Pre-Meeting Activity:** Up to leader.
- Opening:** Form a Daisy Girl Scout Circle and have girls recite the Promise in English and/or Spanish.

#### **Girl Scout Promise**

On my honor, I will try:  
to serve God and my Country,  
to help people at all times, and to live by the  
Girl Scout Law

#### **La Promesa**

Por mi honor yo trataré de servir a  
Dios y a mi patria,  
Ayudar a las personas en todo  
momento, Y a vivir conforme a la  
ley de las Girl Scouts.

- Sharing:** Topic up to leader.
- Daisy Girl Scout Business:** Take attendance. Teach girls the phrase in the Girl Scout Law that says, "Make the world a better place." Ask the girls what that means to them.

#### **Learning Petal Activity**

#### **Make the World a Better Place (Rose) page 22.**

1. Involve the girls in a small community service projects, making sure to explain their impact on the community. By gathering leaves, for example, girls can make mulch, which helps grow beautiful spring flowers.
2. By recycling plastic bottles and aluminum cans, girls can help to protect the earth for years to come.

- Introduction:** What is a tool? A tool is an object that helps us do some work that would be harder to do without the tool. Who can name some tools?  
hammer, scissors, rolling pin, spoon, pencil sharpener, can opener, pliers, wrench, saw, sewing machine

All of these are tools that help us accomplish work we need to do. Today we're going to be learning about tools, what they do, and why they make our lives easier.

- Activity one:** Tools make things easier for you

Put a pad of newspaper on each desk. Give each group of four girls a nut (a walnut or almond), a pencil, a hard ball of clay and a piece of cloth.

Give each of them these challenges:

Try to tear the cloth into three pieces.

Try to crack open the nut.

Try to sharpen the pencil without a sharpener.

Try to squish the clay very flat without the rolling pin.

Ask them: Can you do it? Is it possible? Is it hard?

Next, give each group these challenges:

- Cut the cloth into three pieces with scissors
- Crack the nut open with the nut cracker
- Sharpen the pencil with the pencil sharpener.
- Use the rolling pin to flatten the clay.

Discussion: how did tools make it easier to accomplish the task?

**Activity two:**

Name That Tool!

Divide girls into two teams. Each team is given a question about a task that needs to be completed. They must name a tool that would make that task easier. Each one they name correctly earns them one point for their team.

The kitchen floor is covered with sand. (*Broom*)

The carpet is full of dirt. (*Vacuum cleaner*)

I need to stir some chocolate into my milk. (*spoon*)

I need to eat spaghetti. (*Fork*)

I need to clean out my bathtub. (*A sponge or scrubby pad*)

I need to clean my toilet. (*A toilet brush*)

I need to put this nail into the wall. (*Hammer*)

I need to cut this piece of wood in half. (*Saw*)

I need to talk to someone in another city. (*Telephone*)

I need to go to a place 20 miles away. (*Car*)

I need to sew on a button. (*Needle*)

I need to sew a dress. (*Sewing machine*)

**If time permits:**

Trace A Tool

Tracing means to draw around something, to draw the outline, so you can tell what it is. We're going to trace some tools and make our own colorful pictures of them.

Give each group of four girls a small pile of tools and a white 8 1/2 x 11 piece of construction paper. Show girls how to use a pen or pencil to trace around the object.

Tools can include:

hammer, pliers, wrench, spoon, spatula, fork, garden trowel, can opener, nut cracker, screw drivers

Follow Up questions:

What are some tools that people use to help them accomplish tasks?

How do tools help you accomplish things? (By making work easier)

**Snack:**

**Closing:**

Gather into a Daisy Girl Scout Circle. Teach girls a song of leader's choice.

**Materials:**

assorted tools  
cloth scissors  
nutcracker  
can opener  
rolling pin  
spoon  
fork



garden trowel  
hammer  
screw driver  
wrench  
pliers  
pencil sharpener  
white construction paper - 11 x 17" -- 1 per girl  
pencils -- 1 per girl  
markers -- assorted colors for every two girls  
12 x 12" piece of cloth - 1 per every four girls  
1 nut per every four girls (walnut)  
1x 2" lump of clay for every four girls  
1 pencil sharpener per every four girls  
newspaper



# Daisy Girl Scouts

## Program Goal 2

### Seventh Meeting

- Topic:** How To Call For Help
- Objective:** To teach girls how to use the phone, especially who to call in an emergency.
- Pre-Meeting Activity:** Up to leader.
- Opening:** Form a Daisy Girl Scout Circle and have all the girls recite the Girl Scout Promise in English and/or Spanish.

#### Girl Scout Promise

On my honor, I will try:  
to serve God and my Country,  
to help people at all times, and to live by the  
Girl Scout Law

#### La Promesa

Por mi honor yo trataré de servir a  
Dios y a mi patria,  
Ayudar a las personas en todo  
momento, Y a vivir conforme a la  
ley de las Girl Scouts.

- Sharing:** Up to leader.
- Daisy Girl Scout Business:** Take attendance. Teach girls another part of the Girl Scout Law. (Leader's choice.)

#### Learning Petal Activity

#### Respect Authority (Magenta) page 22.

1. Ask girls whom they take directions from on a regular basis. Ask them to explain why it is important to follow the directions of each person.
2. Have girls draw pictures of people in their community who use their authority to help others-police officers, crossing guards, firefighters, etc.

- Introduction:** Today we will talk about what to do in an emergency. Ask girls for ways in which they can get help. One very important resource for getting help is the telephone. Today we are going to learn important phone numbers and the people we can call to get help. A very important number we can call is 911. This number can get us the police, firemen--fire station, or an ambulance to come help. The 911 number is only used for dangerous situations and emergencies.

Examples of emergencies are:

- someone is hurt and bleeding and the bleeding won't stop
- a fire starts
- a stranger is trying to break into your home to steal from you or to hurt you or your family.
- someone is hurt and appears to be asleep

You **should not** call this number just to play or for fun because it is only to be used if help is really needed. The staff that takes your phone call could be helping someone else who is having a **real** emergency. Also, it is a crime to dial 911 for no good reason.

- Activity one:** Emergency Role Play

911 should only be called in case of extreme emergencies. Let's play a game to help you practice knowing when you should call 911 and when you shouldn't. If you think you should dial 911, raise your hand and you can come up and practice dialing 911 on the pretend telephone.

You are swinging on a swing with your friend on a playground. She falls off the swing and hits her head and does not answer when you call, "Are you OK?" Your mom is nearby, but does not see what happened. What should you do? *(Tell your mom, or another responsible adult)*

You are home alone and you are looking out the back window of your home and you notice a big fire in the trashcan behind your house. What should you do? *(Call 911)*

You are home alone with your older cousin. Your cousin dares you to call 911 and make a prank call. What should you do? *(Not call. Tell your cousin it is only for emergencies and that it is against the law to call if it is not an emergency.)*

You are home alone and you hear a window rattle. You creep into the room where the rattling is, and you see a person outside, trying to get in. What should you do? *(Run and call 911)*

You are home alone with your little brother. The doorbell rings. What should you do? *(Never open the door. Ask, through the door, who is there. Don't say that your mother or father isn't home. Tell them your mother can't come to the door and ask them to come back later. If the person won't go away or tries to come in, call 911.)*

**Activity two:**

"Dial 911" Coloring Sheet

Color in the 911 coloring sheet with crayons. Decorate the 911 with glitter. It will help you remember when to dial 911. You can put it up by your telephone at home!

**If time permits:**

The 911 Song

This song will also help you remember the times to call 911.  
911 (To the tune of London Bridge is Falling Down)

If there's a fire in your house,  
In your house, in your house,  
If there's a fire in your house,  
Call 9-1-1.

If there's a stranger breaking in  
Breaking in, Breaking in,  
If there's a stranger breaking in,  
Call 9-1-1.

If someone's hurt and cannot speak  
Cannot speak, Cannot speak, If someone's hurt and cannot speak  
Call 9-1-1.

If someone's cut and bleeding bad,  
Bleeding bad, bleeding bad,  
If someone's cut and bleeding bad,  
Call 9-1-1.

**Follow-Up:**

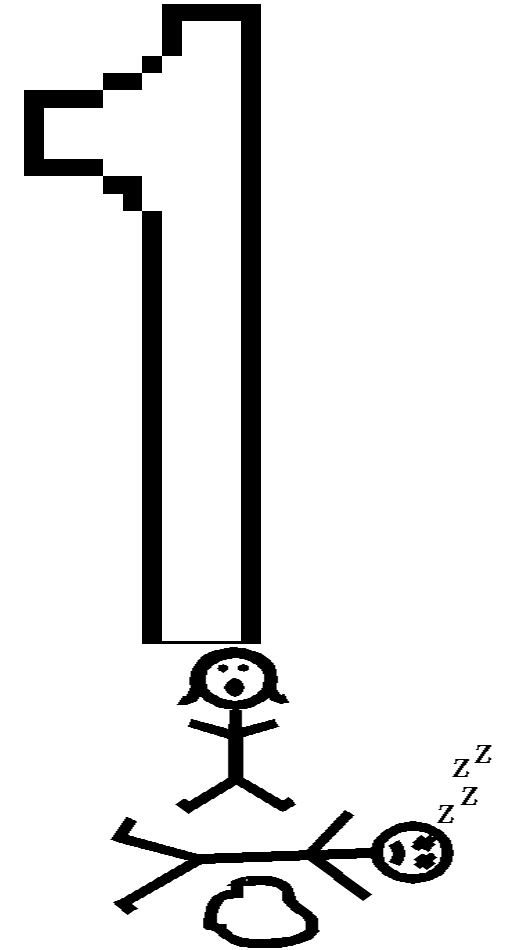
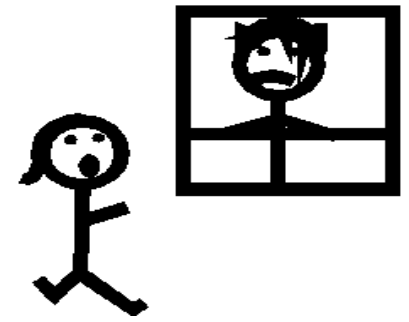
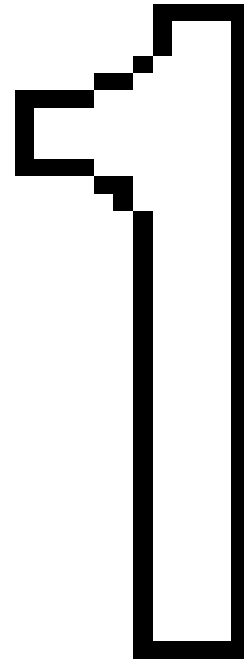
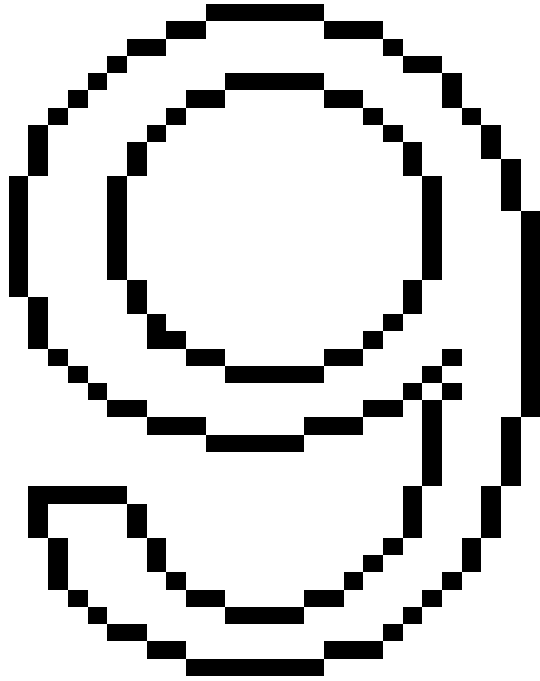
When should you call 9-1-1?  
*(Fire, blood, stranger, unconsciousness)*

**Snack:** Leaders choice

**Closing:** Have the girls form a friendship circle and sing "Make New Friends."

**Materials:**  
Pencils  
Markers  
911 Coloring Sheets  
Glitter (optional)  
Glue  
Markers





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# Daisy Girl Scouts

## Program Goal 2

### Eighth Meeting

- Topic:** Games Day
- Objective:** Learning to be a team player.
- Pre-Meeting Activity:** Up to leader.
- Pre-opening:** Have all girls recite the Girl Scout Promise in English and/or Spanish.
- |   |  |
|---|--|
| <b>Girl Scout Promise</b>   | <b>La Promesa</b>  |
| On my honor, I will try:<br>to serve God and my Country,<br>to help people at all times, and to live<br>by the Girl Scout Law | Por mi honor yo tratare de servir a<br>Dios y a mi patira,<br>Ayudar a las personas en todo<br>momento, Y a vivir conforme a la<br>ley de las Girl Scouts. |
- Sharing:** Up to leader.
- Daisy Girl Scout Business:** Take attendance. Teach girls another part of the Girl Scout Law that is to be chosen by the leader.
- Learning Petal Activity**
- Considerate and Caring (Spring Green) page 22.**
1. Ask girls to make and send get-well cards to troop members who are ill.
  2. Use holidays to teach lessons about compassion. Have girls prepare food baskets for the needy on Thanksgiving, or make holiday decorations for children in homeless shelters.
- Introduction:** Today we are going to play games. Some of the following games and songs can be played inside on cold rainy days.
1. **Rainbow Colors**  
One girl sits in the middle of a circle. She calls out a color from the rainbow and points to a girl. The girl has until the count of seven to name something that is the same color. The girl in the middle changes places with the girl who misses.
  2. **Sticky Popcorn**  
Girls pretend to be popcorn kernels. They start out "popping" or jumping about slowly. The game leader who shouts out "hotter" increases the heat! Girls hop faster. Since this is sticky popcorn, when the girls touch each other they stick together, but they must continue to hop. They continue to hop until they've made one giant sticky popcorn ball.
  3. **Hug Tag**  
One girl is "it." Girls are safe only when they are hugging another girl or 3 or 4 girls. Girls can't hug the same girl twice in one round of the game.
  4. **Back to Back Tag**  
"It" can tag anyone not standing back to back with another girl. No one can stand by the same girl longer than 5 seconds.
  5. **Jump rope**
  6. **Red light, green light**

7. **Bull Frog Song - Down by the Banks**
8. **Hokey pokey**
9. **Mirrors**
10. **4 Corners**
11. **Any GirlSports Basics activity/game.**

**Snacks:** Up to leader.

**Closing:** Have girls form a friendship circle outside or inside. Teach girls a new song or sing an old one.

**Materials:** Jump rope

# Daisy Girl Scouts Program Goals 1 & 2 Ninth Meeting

- Topic:** Plant Life
- Objectives:** To give the girls hands on experience planting a plant and watching it grow.
- Pre-Meeting Planning:** Up to leader.
- Opening:** Form a Daisy Girl Scout Circle and have all the girls recite the Girl Scout Promise in English and/or Spanish.

### **Girl Scout Promise**

On my honor, I will try:  
to serve God and my Country,  
to help people at all times, and to live by  
the Girl Scout Law

### **La Promesa**

Por mi honor yo trataré de servir  
a Dios ya a mi patria,  
Ayudar a las personas en todo  
momento, Y a vivir conforme a  
la ley de las Girl Scouts.

- Sharing:** Up to leader.
- Daisy Girl Scout Business:** Take attendance. Teach a part of the Girl Scout Law to be chosen by the leader.

### **Responsible for What I Say and Do (Orange) page 22.**

- Learning Petal Activity**
1. Help the girls make a list of “helping” words and phrases (“please,” “thank you,” “sorry,” etc.) and “hurting” words and phrases. Ask them which words they would rather speak-and hear from others.
  2. Ask girls to remember a time when their actions caused a problem, and a time when their actions caused good things to happen. How did they feel each time?
- Activity one:** Show the girls different kinds of seeds, such as carrot, pea, radish etc...and point out the difference in the seeds. Not all seeds look the same and grow into the same plant. Share pictures of how each seed will develop.
- Activity two:** Explain to girls they are going to grow their own plant from a seed. Ask them what a seed needs to make it grow? Good soil, water, sunlight and nutrients. A plant needs **just enough** of each of these items to grow sufficiently--not too much or too little. Spread newspaper upon the desks, give each girl a plastic cup, piece of plastic wrap for the top, rubber band, soil and seed. Have them plant their seed in the soil, water seed and put a plastic cover on top. Explain to the girls that once the seed starts to grow (sprout) they must take the plastic off so the seed can be watered everyday and the sun can get to it.

- If time permits:** Talk to the girls about the importance of the sun in relation to plants, people and animals. Have the girls form a circle and do some stretching exercises. Like a tree, have them pretend the wind blows through their branches and sways the tree back and forth.
- Snacks:** Up to leader.
- Closing:** Form a Daisy Girl Scout Circle. Sing a song to be chosen by the girls.
- Materials:**
- different types of seeds
  - pictures of grown plants
  - seeds for planting plastic cups
  - plastic bags--small sandwich size or saran wrap
  - rubber bands
  - newspaper
  - potting soil
  - small container--1 liter bottle of water
  - wet wipes (just in case)
  - trash bag
  - sample

# Daisy Girl Scouts All Program Goals Tenth Meeting

- Topic:** Children Around The World
- Objectives:** Celebrating children by learning about the different clothing worn by children in other parts of the world.
- Pre-Meeting Activity:** Up to the leader.
- Opening:** Form a Daisy Girl Scout Circle and have girls recite the Promise in English and/or Spanish.

## **Girl Scout Promise**

On my honor, I will try:  
to serve God and my Country,  
to help people at all times, and to live by the  
Girl Scout Law

## **La Promesa**

Por mi honor yo trataré de servir a  
Dios y a mi patria,  
Ayudar a las personas en todo  
momento, Y a vivir conforme a la  
ley de las Girl Scouts.

**Sharing:** Up to the leader.

**Daisy Girl Scout  
Business:** Up to leader.

## **Use Resources Wisely (Green)**

### **Learning Petal Activity 1**

1. When beverages are served, make it a common practice to have girls write their names on their paper cups so that they can be used for entire meeting or function. Explain how this practice saves troop money, which can be used for others activities.
2. Ask girls to think of ways to best use the material they have at their disposal for various projects.

### **Learning Petal Activity 2**

## **Be a Sister to Every Girl Scout (Violet)**

1. Lead the girls in a discussion about the ways in which their troop is like a family, and the ways in which they can be like sisters to each other.
2. Make arrangements with another Girl Scout troop in your community, or in another state, to exchange decorated "Sister Girl Scout" cards.

### **Introduction**

When you woke up this morning and got dressed, how did you decide what you were going to wear? Did your mom or dad help you pick out clothes to wear? How do you decide what to wear each day? For most people, you decide what to wear by looking to see if it's a cold or hot day. Or sometimes you have to think about whether you need to dress up or not that day -- if you're going somewhere special, maybe you'll dress up a little more. How many of you ever get dressed up? Or if you're going to do some activity where you'll get dirty, maybe you'll wear older clothes, or pants or shorts. How many of you ever get dressed in your [grubbies] -- clothes you don't mind getting dirty?

Today we're going to learn about what other children wear around the world. People in different places dress differently because in some places it is hot and in other places it is cold. Some places it is wet and some places it is dry. What is one special piece of clothing you might wear when it is wet outside? (*Raincoat*). What is one special piece of clothing you wear outside if it is cold (*jacket, sweater, pants, sweatshirt*).

**Activity one:**

Share book from the Resource Center.

We're going to see how children in other parts of the world dress, where they live, and what they might eat. We'll focus on what they wear. (Show pictures and read information about the children. Ask questions, such as "What do you notice about her/his clothes? Do you think he/she lives in a warm/cold place? What do you notice about where he/she lives, what she/he eats, etc.?)

**Activity two:**

Diversity Dolls in Ethnic Clothing: (Check out from Resource Center.) People from all over the world decorate their clothing in special ways. These dolls are dressed in clothing from other countries. Look at these clothes from Mexico. What decorations do you see that make the clothes beautiful? (*Embroidery-- stitching on the material with bright colored thread, bright colors*) How about these clothes from Africa? The pictures on the material in these African clothes are made by drawing in the material with wax, and then dyeing the clothes different colors. It is called Batik, and it is the same method used by Thi Lien from Vietnam. People in many parts of the world decorate their clothes in special ways to make them beautiful. What are some ways that your clothes are decorated?

**If time permits:**

Coloring Dolls from Around the World

You've learned a little bit about what children in other parts of the world wear, and what their lives are like. Now we're going to decorate clothes for them we. Each one of you can choose a paper doll to decorate. You can color in the doll and her or his clothing.

**Materials:**

*Children Just Like Me*, by Barnabas and Anabel Kindersley in association with The United Nations Children's Fund, Copyright, 1995. (Found in the Resource Center.)

Map of the world

Craft: Coloring Dolls from Around the World coloring sheets (PG-1131-.)

Crayons

Diversity Dolls wearing ethnic clothing (Found in the Resource Center.)



Holland

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Greece

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India

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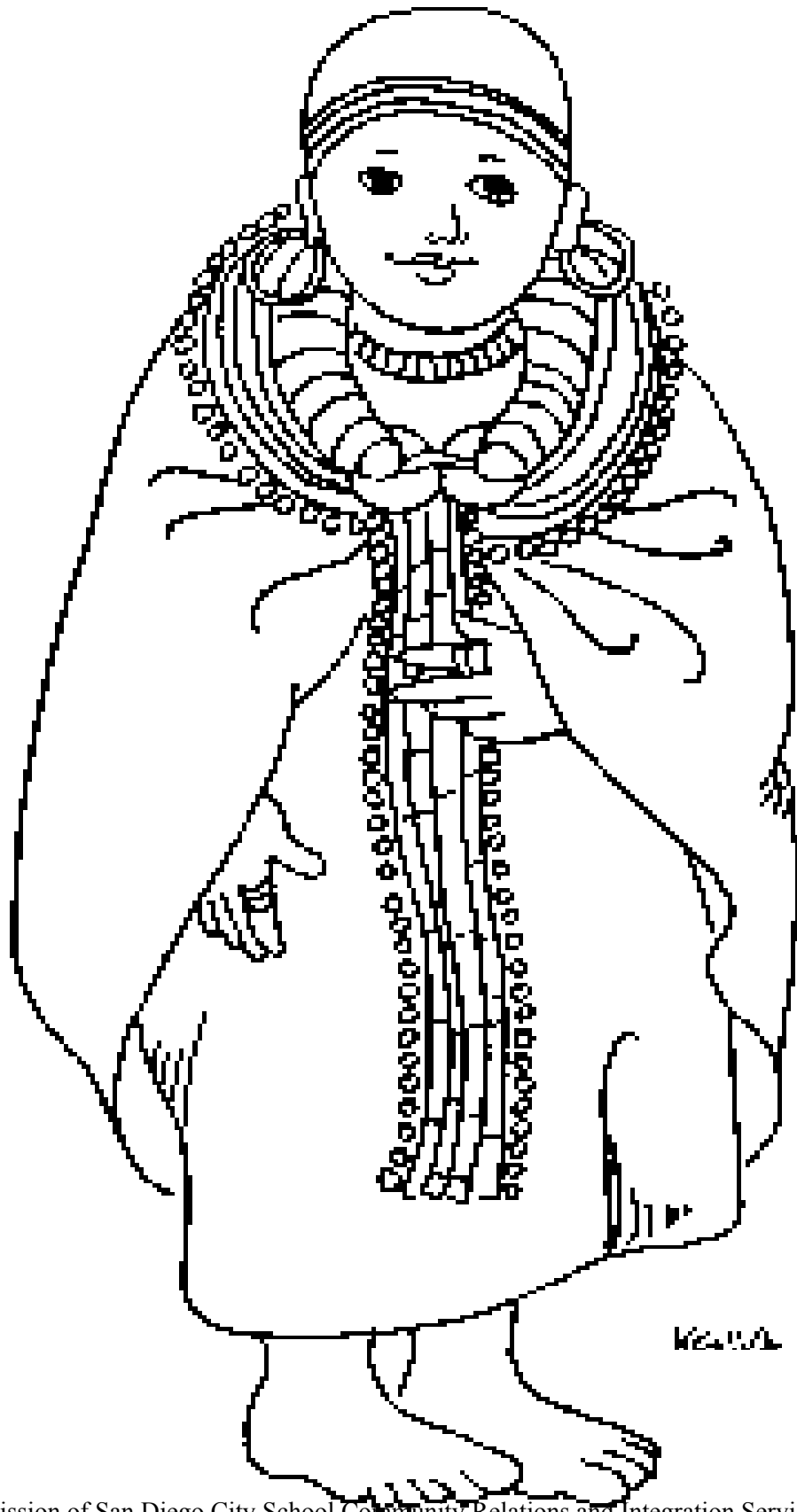
Japan

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Kenya

Kenya

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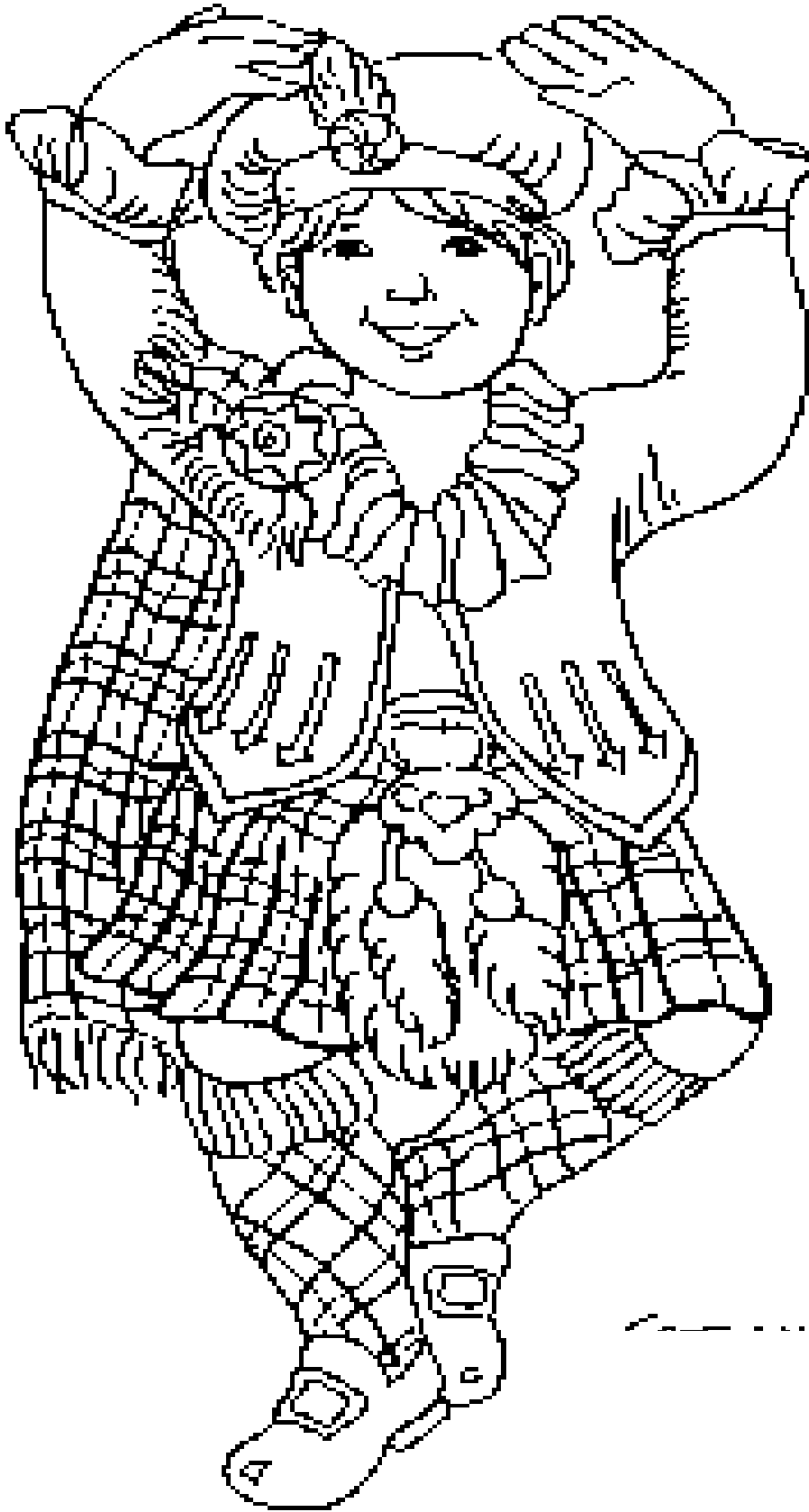




Poland

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Scotland

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Spain

ESPAÑA

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