

## Cesar Chavez Patch



**Requirements:** *The \* activity is required to earn this patch!*

- |                   |                                      |                      |                                     |
|-------------------|--------------------------------------|----------------------|-------------------------------------|
| ◆ <b>Daisy:</b>   | * activity plus any one activities   | ◆ <b>Cadette:</b>    | * activity plus any four activities |
| ◆ <b>Brownie:</b> | * activity plus any two activities   | ◆ <b>Senior:</b>     | * activity plus any five activities |
| ◆ <b>Junior:</b>  | * activity plus any three activities | ◆ <b>Ambassador:</b> | * activity plus any six activities  |

### Activities:

1. \* Obtain a snack size bag of confetti, beans, or rice. Spread the item on the floor throughout the room or the area that you are in. Then bend over and pick up the item off the floor for no less than five minutes (if you pick up all the items before the five minutes is up, spread the item on the floor again and repeat). Discuss with your troop how you felt? Could you do that for 15 minutes? One hour? A day?
2. With your troop/group/family, read a book about Cesar Chavez. Discuss what you learned about the man and his life. Next trace your hand on a blank piece of paper. In the middle of the hand draw the United Farm Workers Symbol, and in each finger write a word that describes Cesar Chavez.
3. From magazines or newspapers, cut out various words and pictures which relate to the life of Cesar Chavez, and create a collage on a poster board using the words and the pictures. Which of these words and pictures inspire you to make the world a better place? What first step would you choose to take action?
4. Watch a video about Cesar Chavez. What three accomplishments of Cesar Chavez most impressed you or made you think?
5. Learn about the United Farm Workers. Create a piece of art that shows how the United Farm Workers helps agricultural workers or the issues they face..
6. Individually or with other troop members, plant a tree in your community. This experience will help you to understand and appreciate manual labor, while also helping to improve your community. The tree will also be a symbol of Cesar Chavez's continuing legacy and impact.
7. Participate in a Cesar Chavez commemorative activity.
8. Discuss what "si se puede" means? How does this statement relate to Cesar Chavez? What does it mean to you?
9. Teach a group of younger children about the life achievements of Cesar Chavez. (Girl Scout Cadette, Senior and Ambassador activity)
10. Make a list of organizations or groups in your community that are involved with social change. Learn more about one of organizations by volunteering for one day or event. *Remember Girl Scouts cannot advocate for political organizations.* (Girl Scout Senior and Ambassador activity)